

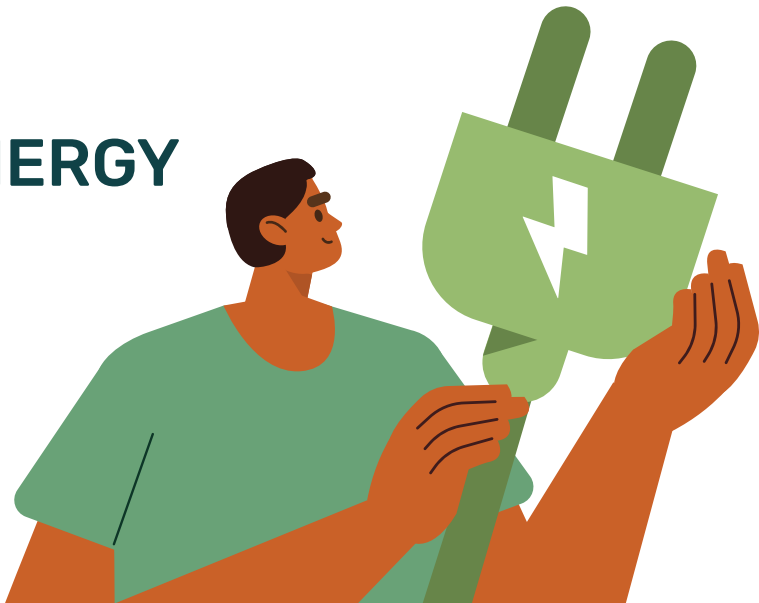
OFFICE WELLBEING RITUALS

The Luxaviation Office Wellbeing Rituals encompass an integrated approach for sustainability, considering both people and planet across our diverse working environments.



luxaviation ✕

ENERGY



POWER MANAGEMENT

Even when chargers are not plugged in, they consume energy, unplug when not in use. Switch devices to a power-saving mode when not in use, powering them off at the end of the day.



SWITCH LIGHTS OFF WHEN NOT IN USE

Switch lights off when not in use or, consider installing occupancy sensors.



ADJUST THERMOSTAT

Optimise temperature settings to conserve energy.

RESOURCE MANAGEMENT



IMPLEMENT RECYCLING PROGRAMMES

Set up designated bins for paper, plastic, glass, and electronics recycling. Implement **Reduce, Reuse, Recycle**.



REDUCE SINGLE-USE PACKAGING

Consider using Tupperware to manage food waste and reduce single-use packaging.



OPTIMISE DIGITAL USE

Our documents are optimised for digital use, consider the environment before printing.

CIRCULARITY



UPCYCLE

Repurpose old or unused items.

DONATE

Identify and evaluate donatable items such as office furniture, chairs, desks, computers, and supplies. Work with local charities and partners to identify opportunities.

WATER



CONSERVE WATER

Water is a finite resource; be mindful of every drop.



COLLECT RAINWATER

For watering indoor and outdoor plants.

BIODIVERSITY



TREE-PLANTING TRADITION

Consider planting a tree for each milestone met.



BEEKEEPING

Consider establishing on-site beekeeping programmes or partnering with local beekeepers.



REWILDING

Implement green roofs or walls for vegetation, encouraging natural habitats for birds and insects and/or creating wildflower gardens to attract pollinators.

WELLBEING



INTRODUCE PLANTS

Improve indoor air quality, aesthetics, mood, and productivity.

APPRECIATE NATURE

Each day, take a moment to connect with the natural world. Whether on your morning commute to work watching the sun rise or walking in a nearby park at lunchtime.



NATURAL LIGHTING

Utilise natural light to reduce fatigue and contribute to a calming atmosphere in the workplace – reducing stress levels and improving concentration.



VIRTUAL MEETINGS

Optimise technology to reduce travel where possible. .

EDUCATION, AWARENESS, AND TRAINING

Stay updated with Luxaviation's Sustainability Edit, Wellbeing initiative and trainings.